

INTO ACTION

CONFIDENTIAL

October/November 2012

There is a solution. Almost none of us liked the self-searching, the leveling of our pride, the confession of shortcomings which the process requires for its successful consummation. But we saw that it really worked in others, and we had come to believe in the hopelessness and futility of life as we had been living it. (BB; Page 25)

10

For if an alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead. If he did not work, he would surely drink again, and if he drank, he would surely die. Then faith would be dead indeed. With us it is just like that. (BB; Pages 14-15)

11

Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail. This is our twelfth suggestion: (BB; Pages 89)

12

The Growth Steps – 10 - 11 & 12
We are always under Construction

Helping others is the foundation stone of your recovery. A kindly act once in a while isn't enough. You have to act the Good Samaritan every day, if need be. It may mean the loss of many nights' sleep, great interference with your pleasures, interruptions. . . . (BB; Pages 97)

10

We vigorously commenced this way of living **AS WE** cleaned up the past. We have entered the world of the Spirit. **OUR NEXT FUNCTION IS TO GROW IN UNDERSTANDING AND EFFECTIVENESS.** This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code.

**5 THINGS WE ARE TO DO WITH STEP 10 SPOT CHECK INVENTORY:
-²When these crop up...**

- ¹Continue to watch for selfishness, dishonesty, resentment, and.
- ²When these crop up, we ask God at once to remove them.
- ³We discuss them with someone immediately and
- ⁴make amends quickly if we have harmed anyone.
- ⁵Then we resolutely turn our thoughts to someone we can help.

WHAT IS THE CODE OF AA?

LOVE AND TOLERANCE OF OTHERS IS OUR CODE.

BB, PAGE 84 & 12X12 PAGE 90

**DIRECTIONS FOR THE END OF DAY 10TH STEP INVENTORY CAN BE
READ ON PAGES 93-95 IN THE 12X12.** (Continued on Page 7)

**2012 NIA BIG BOOK
CONFERENCE**

**"WILLING TO GO TO ANY
LENGTH!"**



October 20th



University of St. Mary of the Lake
1000 E. Maple Ave.
Mundelein, Il. 60060



Keynote Speaker

**Nancy G. -
Madison, WI.**

Registration opens at 8 am
Conference begins at 9 am
Questions & Volunteers
please call:

Nate M. 224-558-9865
Marie V. 847-793-1347

Translator Available

**Room available at
the monastery
Starting at \$48.
Call R.G. Arnold:
847-970-4936

Registration &
Lunch > Oct. 1st =
\$20.⁰⁰**

"Willingness to Challenge & Change"

(In 56 Words)

**A workshop on the 6th and 7th Steps
SATURDAY, OCTOBER 6**

1st Congregational Church
461 Pierson St
Crystal Lake IL 60014

Lunch provided

Contributions Gladly Accepted

	Schedule
Registration	10:00-10:30 am
Skit	10:30-10:45 am
Introduction	10:45-10:50 am
Group Rotation	11:00-12:30 am
Lunch	12:30-1:30 pm
Skit	1:30-1:45 pm
Group Rotation	1:45-3:00 pm
Discussion	3:00-4:00 pm

**Sponsored by: The Saturday Women's Flying
Geese & The Wednesday Men's KIS**

Monthly Meeting Minutes District 11 September 6, 2012

(Editor's Note: Dates and times contained in the following minutes are a reflection from the minutes taken on Sept. 6th, 2012 not the date of this publication.)
(SOME UPDATES - THX)

Meeting Time: 7:30 PM

Attendance: 24
Committee Members 9
Groups Represented: 17

Anniversaries

Billy C. had 5 years. Congratulations Billy!!

Secretary's Report: Lynn V. Sec. Holly H. (Alt) Welcome to the New GSR's : Scott N. "12&12", Marty E. "Belt House Boys", George D. "Sunday night @ the Mac", Gordon R. "Richmond Tuesday night "Skooper meeting", Matt G. "McHenry Friday Night Candlelight", Bill M. "Design for living".

Lynn announced the Geese Workshop "Willingness to Challenge and Change in 56 Words" October 6th.

Written committee report forms must be submitted to the secretary to be included in the minutes. The new E-Mail for the secretary is secretary@aa-nia-dist11.org

DCM Report David G. DCM Jen A. (Alt)

I went to the Spring/Summer Mtg. Aug. 4th it went swiftly info available at NIA 20 Website. Fall Assembly will be voting on service positions, will be assembly voting on things to take back to the individual groups. Alt. can attend if you can't. The Alternate can vote if you're not here.

09/07/-Bridging the Gap Workshop Weekend, Minneapolis – St Paul Airport Hilton Hotel, 3800 American Blvd, Bloomington, MN, Michael 816-304-7537

09/13-16 - 54th ICYPAA Conference, Millennium Hotel St Louis, 200 S 4th St, St. Louis, MO, contact@iccypaahost.org

09/15 - NIA Fall Assembly, First Presbyterian Church of Wheaton, 615 West Jefferson @ Ellis, Wheaton, Mark 847-712-0401

09/22 - Chicago Open, UIC Pavilion, Racine & Harrison, Chicago, IL , Open 6:00 pm, meeting 8:00 pm

10/06 - 12th Annual A Way Out Anniversary Party, Fellowship & Food 6:00 pm, Speaker 7:30 pm, Civic Center, 135 W Church St, Libertyville, IL, Earl 312-451-2930

10/13 - District 52 911 Group CPC Workshop, 1:00-4:00 pm, Manteno Community Ctr. 211 N Main St, Manteno,

10/20 - NIA Big Book Conference, University of St. Mary of the Lake, 1000 E. Maple Ave., Mundelein, IL

10/27 - NIA Fall Committee Meeting Lord of Life Lutheran Church, La Fox, IL., (40W605 IL Route 38, Elburn, IL 60119)

If you would like to put something on the agenda for our next District meeting please call or email me at **815-344-6523 soulsurgery@comcast.net** –Dave G.

11/16- Sober Fest at the Grand Geneva-ROOMS- \$102.00 + Fees (125.00) \$60.00 Banquet and registration

ROOMS ARE NOT FULL like they were said to be... Flyers are available. 2500 Sober Alcoholics is usual to attend.

Rich H., our current Delegate, Handed out the Final Report 2012 Anonymity: Our Spiritual Responsibility in the Digital Age.

Treasurer Report: David Clough (Alt Open)

September Account Summary

Starting balance: \$8604.70

Total Income: \$1315.81

Total Expenses: \$176.54

Ending balance: \$8,743.26

I have not made contributions yet, waiting for MN expenses. I have not made progress on the 501C3. I have been really busy with family. He brought envelopes for donations for the groups to send to GSO. I will be receiving a list of service report contributions. I am also still looking for an Alternate Treasurer. Please see attachment for the Budget Analysis.

Yours in Service,

Dave C.

Public Information Report Billy C. (alt. Andrew W.)

I have been in contact with Rosecran's and dropped off literature. I have talked with a Guidance Counselor @ district 155 and District 200. These districts include: Cary, Crystal Lake, and Woodstock. I have not yet heard back from other schools but I have dropped off Literature at McHenry County Drug Court. RB starts October 1st for TV and Radio October 15th. I am attending 54th Annual Icypha, Jeff S. has started our Application for 5013C. I have attended the State Conference in Springfield. Thank you. Billy Crowley . Andrew mentioned that Comcast will broadcast events, forms, at locations.

“THE 1ST-3 WORDS ON PAGE 112 OF THE B.B. ARE THE BOOKS MOST IMPORTANT WORDS.”

(Continued on page 4)

(Continued from page 3)

Corrections Report: Carol H. Chair Jim R. (Alt) Jim R. sat in for Carol who is at the Bridge the Gap Conference; Tuesday needs women volunteers, send email to Carol. See email below. Mcc Sheriffs Office site, left volunteer handbook, interview to lieutenant, Mens group Friday is going very well, great to see changes. Pat C. Is in MN as well.

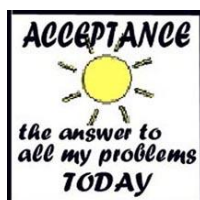


Carol's report below:

We are in a period of change at the jail meetings right now. A couple of our volunteers both men and woman had to end their service commitments so we did some moving around of the remainder of the volunteers to cover all weeks with at least three volunteers per night. The meetings this month have been consistently heavy with anywhere from 10 – 20 inmates each week on the respective nights, woman on Tuesday and Men on Thursday. The problem is that the meetings for the inmates can be held in up to three different pods so for us to have a one hour meeting in each of the pods consecutively we need at least three volunteers.

Additional volunteers are needed on both the men and woman's volunteer program. If anyone is interested they can send an email to the District 11 Corrections Chair at corrections@aa-nia-dist11.org and the McHenry County Sherriff's Office Corrections Bureau Volunteer Handbook can be down loaded at <http://www.mchenrysheriff.org/corrections/inmate-programming-opportunities.aspx>, the link is located at the bottom of the page. After you have read the entire document, complete the application form and call Carol Hubner at: 815 715-8514 to obtain an address to send in your application.

We are completing our third round of the Step Program with male inmates. We hope to have a rap up session soon to discuss the outcome of the previous three sessions. We will need a new set of volunteers to continue with future sessions. All of the feedback has been positive and the program has been well received.



2012 Bridge the Gap Weekend Workshop

The 22nd Annual BTGWW is being held this weekend September 1-9, 2012 in Bloomington, MN at the Minneapolis-St. Paul Airport Hilton Hotel. Pat C, Kevin K and I are attending this year's workshop. This year's guest from the General Service Office will be the staff member from the Corrections desk. Pat and I left early Thursday morning and apologize for not being in attendance at this District meeting. I appreciate the support of this district and plan to present a report of my experience and information received at the next district meeting and participate on a panel at the McHenry County Soberfest weekend.

2013 Bridge the Gap Weekend Workshop

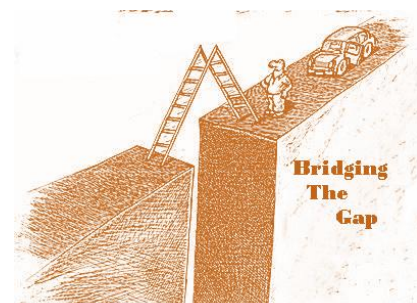
We had our first meeting of the Host Committee for the 2013 Bridge the Gap Weekend Workshop on Sunday August 19, 2012 at the St. Hugh of Lincoln Church on Randall Road and Highland Avenue in Elgin, IL at 4:30. There were twelve people in attendance, two of which traveled from District 90 in Kankakee which was a three hour drive for them.

We were able to fill all volunteer committee chair positions:

- Kevin K. from District 11 will be the Hospitality Chair
- Pat C. from District 11 will be the Transportation Chair
- Alicia F. from District 22 will be the Registration Chair

They will be reaching out to many AA's in their district and Area to help with the volunteer efforts for the upcoming 2013 Bridge the Gap Weekend Workshop. One additional Chairperson is needed to lead the Greeter Committee. This information will be shared at the Northern Illinois Area 20 Fall Assembly, Saturday, September 15, 2012, Hosted by District 40 and held at First Presbyterian Church of Wheaton, 715 Carlton Avenue, Wheaton, IL 60189. Our next planning meeting will in November and Kevin K. has volunteered District 11 to host that planning meeting.

We will have a flier available at the next district meeting.



Continued on Page 5

(Continued from page 4)

Hospital & Treatment Report Kevin K. (Chair) Craig W. (Alt)

1) the bridge the gap at south street as been going very well and if anybody would like to join us on the last Friday of the month or if you like to speak at a family day email me at 3110kk@gmail or Nate at ngrindeland@gmail.com

2) South Street is well stocked with big books and schedule.

3) We have got a few BTG from Rosecrance of Rockford

4) I've been working with the special project person on getting the BTG program into the courts system I am looking for somebody for some computer work for a contact card e mail 3110kk@gmail.com or call 847-878-9498

5) We will be starting a new BTG program at Rosecrance of McHenry county Clint K has a meeting on Sept 2012 to get it start

Sorry about missing the meeting but my work schedule has me out town . So with that I would like to say thank you for opportunity to serve Thanks Kevin K

Answering service- Mitch P. Chair Pat C. (Alt)
September 2012 Answering Service

Total Calls 91; *Meeting Info. 61-; *Open Mtg. Info. 2; Speak to AA-15*NA-0; *12th Step Calls-2;*Q. about AA-2;*Out of Dist.-3;*Al-anon-0;*Needs Ride-; 1 Treatment Q- 3;*BTG-0; *Hang Up -4; *Refused to give Call Back Number-4 *Spanish Spkg.-2

Call response Times:

0-10 min.-62 *11-20 min. 16 *21-30 min.-9*
Over 30 min.-4

Calls Per day:

Monday	Tuesday	Wednesday	Thursday	Friday
Day-10	Day-12	Day-13	Day-8	Day-15
Night-3	Night-2	Night-3	Night-2	Night-3
Saturday	Sunday			
Day-10	Day-5			
Night-4	Night-1			

Mitch P. – Answering Service Chair Pat C. – Alternate Answering Service Chair - Gratefully In Service of AA



Grapevine Report: Tim B (Chair) Cary V. (Co-chair)
No Report

Special Needs Report: Bill B. (Chair) Dave (Alt)
Met with Horizons with the Blindmwey meeting with the handicapped they like to be invited out for coffee, Treat them normally. Bill is still struggling with getting into the Nursing homes. Dave is going to contact signet for the blind.

CPC Report: Frank S (Chair) Brady C. (Alt)
No report.

Workshop John S. (Chair)
No Report.

LCM Report John F.– (LCM)

John is looking to step down; we are need of volunteers to fill position. Jen and Ryan stepped up to help out. Ryan decided he would take the position and was voted in for the LCM Chair. Thanks, Ryan.

No other report was given for LCM.

UP-DATE- RYAN HAS BEEN GATHERING GROUP INFORAMTION SINCE THE MEETING ON SEPT. 6. HE HAS MET WITH BILL, THE SCHEDULE MAKER AND WE HOPEFULLY WILL HAVE A MORE UPDATED MEETING SCHEDULE OCTOBER 4th.

THERE IS STILL MORE CORRECTIONS TO ME MADE – PLEASE BE PATIENCE. MEGA-THANKS TO RYAN, BILL & ALL OTHERS WHO AIDED IN THIS IMPORTANT INDEVOR./dg

Schedules Bill J. Chair (Alt. open)

Bill not present, a lot of people expressed their feelings on the subject of schedule, lack of information and information not being correct.

Archives R - Clarence J. (Chair) (Alt open)

Clarence was not present.
Working on the “Old Timers Brunch”.

UP-DATE

Newsletter Report: Dave G (Chair) (Alt OPEN)
,Deadline for the DECEMBER/JANUARY 2013 Issue of the newsletter is. NOVEMBER 24TH. The topic is Step One, or anything you wish to submit.

Lynn sending information to Dave for the newsletter for the Geese workshop.

Webmaster Report: Doug W (Alt Open)

There were a total of 2215 visits (page impressions) to the site last month from 10 different ISP addresses and 8 different search bots. I am still looking for an alternate.

Respectfully Submitted by:

Doug W

UP-DATE- The next district meeting will be held on Thursday, November 1st, 2012 Respectfully Submitted, Lynn V. Secretary, Holly H. Alt. Secretary

A WAY OUT

Libertyville, Illinois

A Way Out 12th Anniversary Party Open AA Speaker Meeting

October 6th

Libertyville Civic Center
135 W. Church St.
Libertyville, IL. 60048

**Fellowship, Food &
Refreshments-6:00 pm**

**Speaker: Candice M.
From California 7:30 pm**

FREE EVENT – Seventh Tradition
Gratefully Accepted

A WAY OUT

**Regular meetings
Every Friday at 7: pm**

St. Lawrence Episcopal Church
125 W. Church St.
Libertyville, IL. 60048

**For more information contact
Earl At 312-451-2930**

www.aa-awo-org

Fall Committee Meeting

OCTOBER 27TH

Lord of Life Church-LaFox, IL.

40W605 IL Route 38
LaFox, IL 60119
(Elburn, IL)

Registration is from 8-9 AM and the Committee meeting at 9 AM. Lunch will be served for \$25 per person

Lord of Life Church, La Fox, IL 60119 is located at the southeast corner of IL Rt. 38 & La Fox Rd., **3 1/2 miles west of Randall Rd. and 3 1/2 miles east of IL Rt. 47

District 20 – Hosting

Heard Around the Tables District 11's Wisdom and Witticisms

- "Wherever two people meet, there are really six people present. There is each man as he sees himself, each man as the other person sees him, and each man as he really is." -- William James
- Worry is not the same as planning."
- "Worry is like praying for something I don't want!"
- If there is anything in my life that I can't accept just the way it is, that is my unmanageability.
- **Relationships don't die; they are murdered.**
- Some cringe at the mention of the Word GOD- You can't get wet from the word water.
- **RECOVERED: I was wounded in combat. I RECOVERED from my wounds – but I'm not Bullet Proof!**
- Happiness is enhanced by others, but does not depend upon others.
- **Do what you can, for whom you can, with what you have, from where you are.**
- **3 Rules in the Big Book:**
 - 1.) The rule is we must be hard on our self, but always considerate of others.-Pg 74
 - 2.) So our rule is not to avoid a place where there is drinking, if we have a legitimate reason for being there.-Pg101
 - 3.) Live and let live is the rule.-Pg 118
- **Losers make promises; winners make commitments.**
- "Unless each A.A. member follows to the best of his ability our suggested Twelve Steps to recovery, he almost certainly signs his own death warrant. His drunkenness and dissolution are not penalties inflicted by people in authority; they result from his personal disobedience to spiritual principles."

In The Middle of page 132 of our Big Book States:

**“We absolutely insist on
enjoying life.”**

(17 lines down – 17 lines up)

11

When we retire at night, we constructively review our day. Were we resentful, selfish, dishonest or afraid? Do we owe an apology? Have we kept something to ourselves which should be discussed with another person at once? Were we kind and loving toward all? What could we have done better? Were we thinking of ourselves most of the time? Or were we thinking of what we could do for others, of what we could pack into the stream of life? But we must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others. After making our review we ask God's forgiveness and inquire what corrective measures should be taken.

[inserted by ed: Ever notice that Step 11 in the Big Book sound a lot like it contains Step 10 questions? One thought is....See page 98 of the 12X12: "There is a direct linkage among self-examination, meditation, and prayer. Taken separately, these practices can bring much relief and benefit. But when they are logically related and interwoven, the result is an unshakable foundation for life." Some believe Bill W. logically interwove them when he wrote the Big Book in 1939.]

SEE-"IN THE MORNING WE THINK.....PAGE 102 OF THE 12X12 FOR MORE . MORNING INSTRUCTIONS ON HOW TO LIFE A SPIRITUAL DAY.

On awakening let us think about the twenty-four hours ahead. We consider our plans for the day. Before we begin, we ask God to direct our thinking, especially asking that it be divorced from self-pity, dishonest or self-seeking motives. Under these conditions we can employ our mental faculties with assurance, for after all God gave us brains to use. Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives.

In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don't struggle. We are often surprised how the right answers come after we have tried this for a while

..... ⇒ **Pg.88**

12

When I practice Steps 10 and 11, Step 12 happens automatically. **That is we - Continue, Seek, Carry and Practice the Principles, (Steps, Proposals, Way of Living)** of the Program. Chapter 7, Working With Others, Gives clear directions on what to do with a new-comer. Almost each and every line Is an instruction.

Big Book, ,Page 92 –THE PROBLEM - Give him an account of the struggles you made to stop. Show him the mental twist which leads to the first drink of a spree.

Big Book, ,Page 93 – THE SOLUTION - Stress the spiritual feature freely.

Big Book, ,Page 94 – PROGRAM OF ACTION - Outline the program of action, explaining how you made a self-appraisal, how you straightened out your past and why you are now endeavoring to be helpful to him.

Step 12 from the 12X12 gets more involved in the Spiritual Experience, carrying the message and practice the principles.

Grand Geneva Resort
 Lake Geneva, WI 53147
 1-888-392-8000
www.grandgeneva.com



November 16th, 17th. & 18th - 2012
www.soberfest.org

Greetings from the Soberfest Planning Committee!

This year's banquet is selling out fast! If you haven't already done so, please take a minute and **register for this year's conference either by going to www.soberfest.org {SSL CERTIFIED, SECURE WEB PAGE-(HTTPS)}** and following the prompts to register online, by **downloading the registration form and mailing it in** or pick up a **registration form at one of your meetings and mailing it in**. The **Cut-Off Date** for **Mail-in Registration** is **October 20th** -**Cut-off Date** for **On-line Registration** is **November 7th**. **On-Site Registration opens at 2:00pm, Friday November 16.**

Banquet Seating and Rooms are Available.

To make room reservations at the Grand Geneva Resort please contact the Grand Geneva Resort by calling 1-888-392-8000. If there is a waiting list for a room, please add your name to it. Pre-registered rooms open up and the likelihood of you getting called is good. **Hotel reservation cancellations must be received 30 days prior to the event, otherwise complete charges will be applied to the card on record.**

To view the Grand Geneva Resort and its amenities please visit www.soberfest.org or www.grandgeneva.com.

The Grand Geneva Resort will have a variety of food options available. **There are 5 restaurants** on the property ranging from fine dining to pizza and snacks; the Prime Rib buffet on Friday night and buffet meals on Saturday and Sunday will receive Soberfest Conference discounts. Pizza Delivery from Timber Ridge Lodge to the Grand Geneva will be available until 2:00 am on Friday and Saturday nights.

Trolley Shuttle Services will run between Timber Ridge Lodge and The Grand Geneva throughout the conference. Saturday night there will be stops at The Forum where the banquet is being held.

The Timber Ridge Lodge will offer the Water Park at reduced rates for all who attend the conference.

There are **AA Speakers**, Friday, Saturday and Sunday; **Al-anon Speakers** Friday and Saturday; and **Alateen Speaker** on Saturday Too! **Alcathons**-two rooms with one hour meetings on the hour and on the ½ hour, constantly, 3PM Friday through 9AM Sunday; **Al-anonathons** and **Alateenathons** - Friday through Sunday Too! **Meditation Room – Literature Room and Archives** from many Districts and a **Hospitality Room**.

Karaoke will be held in the Evolve Lounge on Friday night from 9:00 pm to 1:00 am.

Step Workshop All Day Saturday and Sunday Morning, NIA 20 Workshops, District 11 Workshops and more.

The **Alateen Pizza Party** will be held at the Water Park for \$45.00 per child on Saturday night during the banquet.

The **Grand Geneva Resort Spa** offers an adult only spa that includes a pool, tennis courts, volleyball courts and an array of exercise equipment. There will be no fee to enter this spa. Spa services will be offered at a 15% discount from Thursday to Monday for conference attendees. Please call and make your reservations early as these services sell out quickly. You may look at Spa Services online at www.grandgeneva.com.

Please contact the hotel for more information.

For information regarding any of these events, please contact us info@soberfest.org or by phone

AA - Michael K. 815-477-1869 or **Alan C.** 847.428.8264

AL-ANON – Judy M. 815.675.9722

ALATEEN – Nancy O. 847.226.2611

We are in need of over 300 volunteers at the Conference. Please contact any of the below to volunteer:

Hospitality Room or Greeters –Jason W. 224.627.4351 ***Alcathon**-John S. 815.579.6105 *

Email us at info@soberfest.org Visit us at www.soberfest.org